	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NC	VEMI	BER			1	2
3		4	5	6	7	8	9
10		11	12	13	14	15	16
17		18	19	20 TRYOUTS  Varsity - 4:00 - 7:30pm  JV - 7:00 - 8:30am  Freshmen - 7:00 - 8:30am  SC45 - 4:30pm - 5:15pm  First Round of Cuts	21 Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm Freshmen - 3:30 -5:00pm SC45 - 4:30pm - 5:15pm	22 Varsity - No Practice JV - No Practice Freshmen - No Practice Varsity Football 7pm Mandatory Attendance	23 Varsity - 10:30am - 3:00pm JV - 10:30am - 12:30pm Freshmen - 10:30am - 12:30pm SC45 - 12:00pm - 12:45pm Team Time
24		25 Early Dismissal 12pm  Varsity - 4:30 - 7:30pm  JV - 2:30 - 4:30pm  Freshmen - 2:30 -4:30pm  SC45 - 12:00-12:45pm  Media Day 12:45pm	26 Early Dismissal 12pm  Varsity - 4:30 - 7:30pm  JV - 2:30 - 4:30pm  Freshmen - 2:30 -4:30pm  SC30 - 12:00-12:45pm	27 Early Dismissal 12pm  Varsity - 4:30 - 7:30pm  JV - 2:30 - 4:30pm  Freshmen - 2:30 -4:30pm  SC30 - 12:00-12:45pm	28 THANKSGIVING No Practice No School	29 Varsity - 11:30am - 3:00pm JV - 10:30am - 12:30pm Freshmen - 10:30am - 12:30pm SC45 - 12:00pm - 12:45pm No School	30 Kentridge Jamboree Varsity 1:30pm/2:30pm JV - 10:30am/11:30am Freshmen - 10:30am/11:30am  Away uniforms

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
:	1	2	3	4	5	6 Football Championship 7pm	7 Wrestling Away
		Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 10:30am - 3:00pm
		JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV - 7:00 - 8:30am	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV - 10:30am - 12:30pm
		Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 7:00 - 8:30am	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 10:30am - 12:30pm
		SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 12:00pm - 12:45pm
		Parent Meeting 5:15pm					Team Time
8	3	9	10	11	12	13	14 Wrestling Away
		Varsity - 4:00 - 7:30pm	Varsity @ Roosevelt 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity vs Nathan Hale 7:30pm	Varsity - 10:30am - 3:00pm
		JV - 3:30 - 5:00pm	JV @ Roosevelt 5:45pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV vs Nathan Hale 5:45pm	JV - 10:30am - 12:30pm
		Freshmen - 3:30 -5:00pm	Freshmen @ Roosevelt 4:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 10:30am - 12:30pm
		SC45 - 4:30pm - 5:15pm	Varsity Shooting 2:30-3:00pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	Varsity Shooting 2:30-3:00pm	SC45 - 12:00pm - 12:45pm
				Wrestling Away			Team Time
-	15	16	17	18	19	20 Early Dismissal 12pm	21 Wrestling Away
	Varsity - 9:30am - Film	Varsity @ Rainier Beach 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00pm Film only	Varsity - Curtis Classic TBA	Varsity - Curtis Classic TBA	Varsity - Curtis Classic TBA
	Varsity - 10:00am - S & C	JV @ Rainier Beach 5:45pm	JV - 3:30 - 5:00pm	JV - 2:30 - 4:30pm	JV - 3:30 - 5:00pm	JV - 2:30 - 4:30pm	JV @ Auburn 12:00pm
	Varsity - 10:45pm - Practice	Freshmen @ Rainier Beach 4:30pm	Freshmen - 3:30 -5:00pm	Freshmen - 2:30 - 4:30pm	Freshmen - 3:30 -5:00pm	Freshmen - 2:30 -4:30pm	Freshmen @ Auburn 10:30pm
		Varsity Shooting 2:30-3:00pm	SC45 - 4:30pm - 5:15pm	SC45 - 2:30pm - 3:15pm	Varsity Shooting 2:30-3:00pm	Varsity Shooting 12:30-1:00pm	Varsity Shooting TBA
				Wrestling @ Home			
- [	22	23	24 Christmas Eve	25 Christmas	26	27	28
		Varsity - 11:30am - 3:00pm	Varsity - No Practice	Varsity - Travel to	Varsity - Torrey Pines Classic	Varsity - Torrey Pines Classic	Varsity - Torrey Pines Classic
		JV - 10:30am - 12:30pm	JV - No Practice	San Diego	Game 1 TBA	Game 2 TBA	Game 3 TBA
		Freshmen - 10:30am - 12:30pm	Freshmen - No Practice	JV - No Practice	JV - No Practice	JV - No Practice	JV - No Practice
		SC45 - 12:00pm - 12:45pm		Freshmen - No Practice	Freshmen - No Practice	Freshmen - No Practice	Freshmen - No Practice
1	29	30	31				
	Varsity - Torrey Pines Classic	Varsity - Torrey Pines Classic	Varsity - Travel to				
	No Game - Day Off	Game 4 TBA	Seattle			<b>CEMB</b>	
	JV - No Practice	JV - No Practice	JV - No Practice				
	Freshmen - No Practice	Freshmen - No Practice	Freshmen - No Practice				
	Team Time /Family BBQ						
							Updated 12/18/24 #7

Updated 12/18/24 #7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUNDAY	MONDAY	TUESDAY	WEDNESDAY I.	THURSDAY		
			1	2	3	· · · · · · · · · · · · · · · · · · ·
			Varsity - 11:30am - 3:00pm	Varsity - 11:30am - 3:00pm	Varsity vs Seattle Prep 7:30pm	Varsity - 12:00pm - 4:30pm
	ANUAF	<b>X Y</b>	JV - 10:30am - 12:30pm	JV - 10:30am - 12:30pm	JV vs Seattle Prep 5:45pm	JV vs Curtis 12:30pm
			Freshmen - 10:30am - 12:30pm	Freshmen - 10:30am - 12:30pm	Freshmen vs Seattle Prep 4:00pm	Freshmen vs Curtis 11:00an
			SC45 - 12:00pm - 12:45pm	SC45 - 12:00pm - 12:45pm	Varsity Shooting 2:30-3:00pm	SC45 - 1:30pm - 2:15pm
					Alumni Open Gym	Team Time
5	6	7	8	9	10	11 Wrestling Away
	Varsity - 4:00 - 7:30pm	Varsity vs Roosevelt 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity vs Eastside Cath. 7:30pm	Varsity - 12:00pm - 4:30pm
	JV - 3:30 - 5:00pm	JV vs Roosevelt 5:45pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV vs Eastside Cath. 5:45pm	JV vs Tahoma 12:30pm
	Freshmen - 3:30 -5:00pm	Freshmen vs Roosevelt 4:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	Freshmen vs Eastside C. 4:00pm	Freshmen vs Tahoma 11:00a
	SC45 - 4:30pm - 5:15pm	Varsity Shooting 2:30-3:00pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	Varsity Shooting 2:30-3:00pm	SC45 - 1:30pm - 2:15pm
			Wrestling Away	Wrestling Away		Team Time
12	13	14	15	16	17	18 Wrestling Away
Varsity - 9:15am - Film	Varsity vs Garfield 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00pm Film only	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity @ Nathan Hale 8:30
Varsity - 9:45am - S & C	JV vs Garfield 5:45pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV @ Nathan Hale 7:00pm
Varsity - 10:30am - Practice	Freshmen vs Garfield 4:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 - 5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - No Practice
CYO @ 1pm	Varsity Shooting 2:30-3:00pm	SC45 - 4:30pm - 5:15pm	SC45 - 2:30pm - 3:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	Varsity Shooting 3:45-4:14p
			Wrestling Away			
19	20 MLK Day - No School	21 Finals	22 Finals	23 Finals	24 No School	25 Wrestling Away
Varsity - 12:30pm - Film	Varsity @ The Catholic Classic	Varsity vs Rainier Beach 7:30pm	Varsity - 2:30 Film only	Varsity - 4:30 - 7:30pm	Varsity vs West Seattle 7:30pm	Varsity - 12:00pm - 4:30pm
Varsity - 1:00pm - S & C	vs Eastside C. @ Kennedy 3pm	JV vs Rainier Beach 5:45pm	JV - No Practice	JV - 3:30 - 5:00pm	JV vs West Seattle 5:45pm	JV vs Rogers 12:30pm
Varsity - 1:45pm - Practice	JV - 10:30am - 12:30pm	Frosh vs Rainier Beach 4:00pm	Freshmen - No Practice	Freshmen - 3:30 -5:00pm	Freshmen vs W. Seattle 4:00pm	Freshmen vs Rogers 11:00a
	Freshmen - 10:30am - 12:30pm	Varsity Shooting 1:30-2:15pm	SC45 - 1:30pm - 2:15pm	SC45 - 1:30pm - 2:15pm	Varsity Shooting 2:30-3:00pm	SC45 - 1:30pm - 2:15pm
	Varsity Shooting 10:30-11:00am		Wrestling @ Home	Wrestling Away	Senior Night	Team Time
26	27	28	29	30	31	
Varsity - 12:30pm - Film	Varsity @ Seattle Prep 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00pm Film only	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	
Varsity - 1:00pm - S & C	JV @ Seatte Prep 5:45pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	JV - 3:30 - 5:00pm	
Varsity - 1:45pm - Practice	Frosh @ Seattle Prep 4:30pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 - 5:00pm	Freshmen - 3:30 -5:00pm	Freshmen - 3:30 -5:00pm	
	Varsity Shooting 2:30-3:00pm	SC45 - 4:30pm - 5:15pm	SC30 - 2:30pm - 3:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	
	Wrestling @ Home	1	Wrestling Away	1		

	-					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
						Varsity @ Garfield 5:30pm
		<b>UARY</b>				JV @ Garfield 4:00pm
		UANI				Freshmen @ Garfield 11:00am
	0 0					Varsity Shooting 10:30-11:00am
2	3	4	5	6	7 No School	8
	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity @ West Seattle 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
	JV - 3:30 - 5:00pm	JV @ Eastside Catholic 5:45pm	JV - 3:30 - 5:00pm	JV @ West Seattle 5:45pm		
	Freshmen - 3:30 -5:00pm	Freshmen @ Eastside C. 4:00pm		Freshmen vs West Seattle TBA		
	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	Varsity Shooting 2:30-3:00pm	SC45 - 4:30pm - 5:15pm	SC45 - 12:00pm - 1:150pm
			BDT Time			
9	10	11	12	13	14	15
	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 12:00pm - 1:150pm
	METRO PLAYOFFS	METRO PLAYOFFS	METRO PLAYOFFS	METRO PLAYOFFS	METRO PLAYOFFS	DISTRICT PLAYOFFS
16	17 No School	18	19	20	21	22
	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 12:00pm - 1:150pm
	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS
23	24	25	26	27	28	
	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	
	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm	
		, ,			REGIONAL PLAYOFFS	
		<u> </u>				Undated 12/18/24 #7

Updated 12/18/24 #7

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			//ARCI	4			1 Varsity - 11:30am - 3:00pm
				•			SC45 - 12:00pm - 1:150pm REGIONAL PLAYOFFS
	2	3 Varsity - 4:00 - 7:30pm	4 Varsity - 4:00 - 7:30pm	5 Varsity vs TBD	6 Varsity vs TBD	7 Varsity vs TBD	8 Varsity vs TBD
		SC45 - 4:30pm - 5:15pm	SC45 - 4:30pm - 5:15pm		CTATT TAURWAY A TOUT	CTATT TOURNAMENT	
9	)	10	11	STATE TOURNAMENT 12	STATE TOURNAMENT 13	STATE TOURNAMENT 14	STATE TOURNAMENT 15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
							Updated 12/18/24 #7